



Dear Students, Educators, and GLSEN Washington Supporters

We hope that this update finds you well! This month, we want to let you know about our upcoming Professional Development sessions, share some resources, and welcome this years SHINE team. We hope that you have a great holiday season and end to your 2021!



All our best,
GLSEN Washington

*We are here to
support you!*

Connect with us on
social media or
contact us through
phone or email!



(206) 330-2099



www.glsenwashington.org



@glsenwa

DECEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 World AIDS Day	2	3 International Day of Persons with Disabilities	4
5	6	7	8 Pansexual and Panromantic Pride Day	9	10 Human Rights Day	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Welcome SHINE Team



This month, we had our first meeting with the 2021-2022 SHINE Team! The GLSEN Washington State SHINE Team is a group of student leaders working to create safer schools and communities throughout Washington. The team members will meet regularly throughout the year to develop skills, form a network of other youth leaders, and organize programs in the community that promote respect for LGBTQ+ students. Please join us in welcoming them to the program!

We are continuing to accept applications on a rolling basis, with a pro-rated stipend. Learn more and apply ASAP [here](#)!



Educators, join us for our Supporting Trans and Gender Non-Conforming Students PD training on Thursday, December 9th, from 4-5 PM on Zoom! In this free, remote, 1-hour training, participants will develop an understanding of the importance of adult allies to LGBTQ students and explore the specific ways in which they can educate, advocate for and support trans and gender non-conforming students. Participants will receive specific recommendations and resources intended for educators working with elementary, middle and high school students. Clock hours for educators are available. Register [here](#)!

Are you interested in bringing GLSEN Washington into your school or organization to lead a Professional Development Session that is tailored to your specific needs? GLSEN Washington can lead 1-6 hour PD sessions, either remotely or in-person (depending on location), that are based on six modules. Learn more and request a PD session [here](#)!

Seeking Board Members

We are currently seeking board members for Development/Fundraising Chair, Communications Coordinator, and Board Members At-Large.

You must be 18+ to be on our board, and you can be located anywhere in Washington. Learn more and apply [here!](#)



GLSEN Washington 2022 Youth Leadership Conference

Educators, students, and community members: save the date for our 17th annual Youth Leadership Conference, which will be held on Saturday, March 26, 2022! This year's conference will be held entirely remotely and is a FREE, day-long event. This conference is a great opportunity to meet LGBTQ+ advocates and youth leaders, attend workshops, and learn more about how to start a GSA. We would love to see you there!

We are also welcoming proposals for approximately hour-long workshops for this event from interested educators and community members. To learn more and submit a proposal, fill out [this form](#).



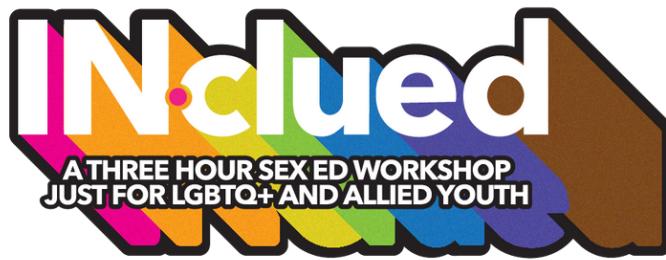
Lastly, we are seeking virtual volunteers to help make sure that this day is a success! Whether you are available all day or just for a few hours, we would love to have your assistance with troubleshooting tech issues, introducing speakers, and more. If you have some basic technology skills and are interested, please fill out our [Volunteer Application](#) or contact mail@glsenwa.org to get involved!

Diverse Harmony



Diverse Harmony, a queer straight alliance youth chorus operating since 2002, is seeking new singers! This is an excellent way to make friends who go to different schools, and experience the healing power of singing in a group. Show up to a rehearsal, and if you bring a friend who stays for at least 3 rehearsals you'll receive \$25! We can't wait to meet you!

Please see attached flier for more information.



Request a Workshop!

We are now expanding our IN-clued LGBTQ+ sexual health education workshops to offer custom, sliding-scale sessions to high school and college GSAs, as well as other organizations that would like to host us either remotely or in-person (contingent on location). This curriculum was developed by Planned Parenthood specifically for LGBTQ+ young adults and covers topics such as contraception methods, communication and consent, and safely navigating health clinics as an LGBTQ+ person. You can fill out a request form on behalf of your GSA or organization [here!](#)

GSBA Scholarship



The GSBA Scholarship Fund awards scholarships to LGBTQ+ and allied students who exhibit leadership potential, demonstrate strong academic abilities, and are actively involved in school and community organizations. Founded in 1991, the GSBA Scholarship Fund has awarded over 700 scholarships totaling over \$4.5 million.

Apply at pridefoundation.org or thegsba.org/apply





Youth Mental Health Resources

Although the Holiday season is meant to be a time of celebration, for many people, it can be especially difficult. Many LGBTQ+ youth live in unsupportive environments, and the holidays can place additional stress on those individuals. Suicide and depression rates climb throughout the winter. If someone in your life is struggling with their mental health, there are resources available to them, including:

Teen Link

Available to talk by phone from 6-10 pm every night.

<https://www.teenlink.org/resources/>



Suicide Prevention Hotline

<https://suicidepreventionlifeline.org/>

1-800-273-8255

Trevor Lifeline

Phone hotline 1-866-488-7386

Trevor Text Line @ 678678



Trans Lifeline

for trans/nonbinary people, staffed by trans/nonbinary people

Phone hotline (877) 565-8860.

Pansexual and Panromantic Pride Day is Dec. 8th

Panromantic refers to people romantically attracted to all genders.

Pansexual refers to people physically attracted to all genders.





The Season of Giving

Your gift helps us continue to offer programs like the Rainbow Library which distributes books with LGBTQ+ representation to libraries across the state, our inclusive inclusive sexual health education workshops for LGBTQ+ young people, and our Youth Leadership Conference on March 26th, 2021.

If you would like to make a donation to GLSEN Washington to help our programming, you can do so [here](#).

Thanks for your continued support!



If you have any questions or need any resources, please send us an email (mail@glsenwa.org) or contact us on social media (@glsenwa on [Instagram](#), [Twitter](#), and [Facebook](#)). We'll get back to you soon.

